



Enrichment Program  
UNIVERSITY OF DENVER

QUENCHING CURIOSITY FOR



# ENRICHMENT PROGRAM

WINTER/SPRING 2024



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A Citizen's First Aid Kit  
for the 2024 Election

18

The Art of Coffee, Tea  
and Chocolate

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Dusting Off the Classics:  
*Don Quixote*

# Quenching Curiosity for 20 Years

In perusing this winter's Enrichment Program catalog, I'm amazed by the wealth of diverse offerings that spark as-yet-unexplored interests. The Enrichment Program respects our learners' intelligence and offers the chance to dig into the nuance of sophisticated subjects.

This creates an expansive environment for exploring a universe of topics. Many of our instructors encourage questions, firsthand contributions, and discussion in their courses, fostering a robust exchange of ideas and a culture of interactive learning. These are values that the Enrichment Program has fostered through its 20-year history: freedom to discuss, freedom to learn, freedom of the mind.

And freedom of the mind is more important than ever as challenges to our democracy persist. In an election year, it's especially important to educate oneself and ensure that you're part of the solution to society-wide challenges. This winter and spring's courses are well positioned to help you act as a savvy and proactive citizen.

Courses like *A Citizen's First Aid Kit*, which equips you for respectful discussions of politics (really!), and our civics refresher will give you some practical tools for a contentious year. Other courses will arm you with the latest facts about book bans and censorship movements in the U.S. and the context for international stories that affect our standing in the world. Our expert instructors give you tips on how to practice responsible data citizenship in the world of big data and its manipulation, and teach you the social science of denial and how powerful people use it to dodge accountability.

The Enrichment Program now has 20 years of experience bringing the world to you through the lens of our passionate instructors. We'd like to think we've just scratched the surface of all there is to learn. Thank you for joining us on the journey.



A handwritten signature in black ink that reads "Michael McGuire".

Michael McGuire  
Dean, University College

Do you recall a moment as a young child when you connected with an older adult and forged a special bond? For me it was the relationship I had with my grandfather and the moments we shared. My grandfather loved jigsaw puzzles and whenever we visited, there was always a table set with a puzzle in progress, typically 99% complete.

Of course, it begged to be finished and I was happy to help, thinking I was pulling a fast one on grandpa. We never discussed the puzzles or their abrupt completions by me, but as an adult I cherish that special connection we shared.

This term, in celebration of intergenerational connections, we are proud to introduce the *Curiosity Enriched: Intergenerational Exploration* series, created for the elementary school set and an adult in their lives. This might be a child, grandchild, niece, nephew or friend.

These Saturday morning Zoom classes offer an opportunity to carve out one hour of time with someone (perfect for short attention spans), whether they are nearby or across the country, to connect, learn, explore and enjoy one another. Sister-brother producers Laura and Robert Sams, known for their work for PBS Kids and Sesame Street Studios, will share their award-winning wildlife films, hands-on activities and more as they bring to life great lessons about nature and the world.

There is much joy to be had in learning and seeing things through a different lens, whether it be the innocence of a young child or the lived experiences of an adult. Let's learn and connect across generations. Invite a young person to share this unique experience with you this winter.

Make every day a learning day,



A handwritten signature in black ink that reads "Lynn Wells".

Lynn Wells  
Director, Enrichment Program



See Intergenerational Exploration class  
on page 35.

**IN-PERSON**  
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# FEED YOUR CURIOSITY SERIES

## FREE LECTURES



### Our 20th Anniversary Gift to You

Enjoy some or all of these free lectures as we kick off the winter/spring term. Meet some 2024 instructors and learn what they have planned for class. Enjoy a lecture on a new or familiar topic—simply for the love of learning.

- Dates: January 8–11, 2024; all courses held in Mountain Time (MT).
- All live presentations offered via Zoom.
- Registration is required to receive the Zoom link.
- Registration covers both lectures offered on a particular evening.
- Invite a friend or relative to Zoom in with you!
- Register today. Space is limited.



See additional offerings from all of our *Feed Your Curiosity* presenters throughout the catalog.

## Mon., Jan. 8

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### 7 pm – Basics of Archival Reporting

When trying to tell an effective, engaging story about the past, how do researchers find the information they need and stay true to the facts? How do they figure out what's important in shaping a biography, a historic true crime saga, a study of a natural disaster or other real-life mystery? Journalist and author Alan Prendergast discusses different methods of researching and writing about the past, and the challenges and surprises waiting in the archives.

### 8 pm – Bluegrass Music: From the Hills of Kentucky to Today's Stages

From its roots in the hills of Kentucky where Scots-Irish settlers blended blues, gospel and country music, bluegrass became a musical style that embodied the melting pot of America. This class, taught by bluegrass musician and educator Martin Gilmore, links the traditions of Bill Monroe and The Stanley Brothers to the progressive sounds of Nickel Creek, Molly Tuttle and the Infamous Stringdusters. Plus, as you explore America's musical treasures, enjoy live music from Gilmore.

## Tue., Jan. 9

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### 7 pm – Chaos and the Culture of the Sea

Until the second half of the 20th century, sea and ocean travel offered a cultural context for understanding and describing love, life, death and the beyond. But today the rich heritage of the sea is being lost—a loss humans can ill afford. Join Buie Seawell, DU professor emeritus, as he takes you back to when the cadence of life made a lot more sense to the human condition, and discover virtues for dealing with the chaotic 21st century.



### 8 pm – Caving in Colorado

Flip on your helmet light and tighten up your boots—it's spelunking time! Here's an unforgettable virtual journey through some of Colorado's most awe-inspiring caverns, led by veteran explorer Rudy Melena. Discover karst areas (limestone outcroppings) and examine interior maps of caves. Plus, learn the story of the 1984 discovery of Silent Splendor, the crystalline-filled room inside the Cave of the Winds. And finally, get acquainted with lots of new areas for exploration!

## Wed., Jan. 10

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### 7 pm – Is Artificial Intelligence Artificial?

Now that artificial intelligence (AI) models can communicate—and even behave—like humans, thought-provoking questions are surfacing: Is artificial intelligence truly artificial? What does it mean to be human, really? How should we relate to machines? Is AI offering an opportunity for a new kind of diversity in our world? Join Iliff School of Theology professor Ted Vial for his surprising answers and his take on the startling future that AI is delivering to us all.



### 8 pm – Rock 'n' (Marble) Roll: Music, Art and Rolling Marbles

For some reason, nothing quite transfixes us like a marble on a track. Once a marble crosses your path, you better give up on whatever plans you had and watch it get where it's going. But what makes marble runs so irresistible? Where did they originate? And what can they teach us? Join Joey Brink, engineer and marble enthusiast, as he rolls physics, engineering, art, music, logic and, of course, marble runs all into one alluring presentation!

## Thur., Jan. 11

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### 7 pm – Cultivating Hope: Lessons From the Study of Denial

How do we stay hopeful in the face of serious global problems? Sociologist Jared Del Rosso says by understanding what leads us to deny our problems, we can develop strategies to remain engaged and hopeful about a better future. Del Rosso explores the social, psychological and collective factors that contribute to disengagement, and illustrates how these factors can be reverse-engineered to emphasize strategies that cultivate hopefulness.

### 8 pm – Black Pop Culture

Many renowned African Americans from Colorado have impacted American popular culture. Actor Pam Grier, comic book writer Christopher Priest, musician Charles Burrell, boxer Sonny Liston, and many more will be highlighted and discussed. "In this class, I explore Colorado's Black population's connections to American pop culture, and I also examine how we engage with pop culture so that we better understand its role in our lives," says Dexter Nelson II, museum and archives supervisor at the Blair-Caldwell African American Research Library.

# REGISTRATION

## How to Register for Classes

Registration opens Monday, December 4, 2023.

Register Online  
[UniversityCollege.DU.edu/Enrichment](https://UniversityCollege.DU.edu/Enrichment)

Register By Phone  
303-871-2291



Please note how classes are listed on the registration site ([DU.edu/Continuing-Education/Catalog/Enrichment](https://DU.edu/Continuing-Education/Catalog/Enrichment)):

- *Feed Your Curiosity* free lectures are identified by this subject, followed by the date of the lecture.
- In-person classes or Zoom classes are first identified by their subject, then delivery mode and short course name.
- Courses are removed from the registration page once registration closes.

Select the course(s) you would like and add to your cart. When ready, checkout. You may also register by phone Monday–Friday, 8:30 am–4:30 pm MT at 303-871-2291.

Upon registration, you will receive an email with all class details, including classroom location or Zoom links. All in-person classes take place on the University of Denver campus unless otherwise noted.

## Course Discounts

Discounts are available to DU faculty, staff, alumni, students and their parents, DU Retirees Association members, and OLLI at DU members. Check with registration staff to see if you qualify.

## Disability Services Program (DSP)

DSP provides reasonable accommodations on campus as required by the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act to students with documented disabilities. Accommodations afford students equal opportunity to participate in the university's programs, courses and activities.

## CERTIFICATE OF LIFELONG LEARNING

### Current & Global Issues

You've taken more courses about current issues than you can count. Isn't it time you started getting acknowledged for your commitment to staying abreast of what's happening in the world? Be recognized for your achievements, build your credibility, even enhance your resume with a Certificate of Lifelong Learning from the Enrichment Program at University College, University of Denver.

### Criteria

30 hours of participation within a three-year period in Enrichment Program classes pertaining to current issues and events.

### Example Course Combination

Four-Session Course (8 hours)

One-Night Lecture (2 hours)

Four-Session Course (8 hours)

Two-Session Course (4 hours)

Four-Session Course (8 hours)

To receive your certificate, email [UCOLSupport@DU.edu](mailto:UCOLSupport@DU.edu) and include a list a courses taken. Upon verification, you will receive one certificate.

## Alumni Experts

We are proud to acknowledge University of Denver alumni. DU alumni teaching Enrichment Program courses are identified by the alum logo.







Credit: All photos by Scott Dressel-Martin.



## In-Person Reminders

All **in-person** classes can be found in this section and are color-coded in **crimson**. Any class that includes an outing or field trip will meet in person for all sessions of the course.

## Costs Included

The cost of parking is included for any session meeting on the University of Denver campus. Admission tickets to events, exhibits and in-person activities are also accounted for in the class price.

## Planning to Come to Campus

Once registered for a lecture or course you will receive a confirmation, as well as additional emails with important information including parking instructions, classroom location and course specifics. PLEASE READ THESE CAREFULLY before heading to campus to avoid delays in accessing the designated parking garage or locating the unlocked door to your building.

## Inclement Weather Policy

All classes meeting in-person (on-campus or elsewhere) follow the University of Denver closure schedule. Students will be notified of any changes to the schedule.

# IN-PERSON COURSES



See Travel Photography class page 19.

EP Note

# ONE-NIGHT LECTURES



Alan Prendergast

## The Past Is Closer Than We Think: A Journalist's Approach to History

One In-Person Session / \$25

Thur., Jan. 18, 2024, 7–9 pm MT

How do writers apply archival reporting and a journalistic approach to storytelling that gives immediacy and relevancy to historic materials while staying true to the facts? Alan Prendergast, an award-winning journalist, has the answer. He's the author of *Gangbuster*, a captivating nonfiction account of a maverick Denver district attorney who defied organized crime in the 1920s, launching an undercover operation against the Ku Klux Klan and corrupt public officials. With the Georgia RICO trials, is the past repeating itself?

## Your Year in Review: A Look Back, A Look Ahead

One In-Person Session / \$25

Wed., Jan. 31, 2024, 7–9 pm MT

Breathe! The holidays are behind you and another year has begun—a perfect time to reflect on your life. Join Robin Berg, success and leadership coach, as she helps you examine 2023. Then develop a personalized, whole-life system you can use monthly, quarterly or annually—a system that gives you a new understanding of what success means to you, how to create it, repeat it and how to gain powerful insights for designing an intentional life.



Robin Berg



Claudette St.Pierre

## Atheism in America

One In-Person Session / \$25

Mon., Mar. 11, 2024, 7–9 pm MT

The U.S. is a diverse country with a wide range of religious beliefs and practices. And it turns out, atheists (those who lack a belief in the existence of deities or gods) represent a growing segment. Join Claudette St.Pierre, founding member of the Freedom From Religion Foundation Metro Denver Chapter and Secular Coalition for America board member, as she explores atheism in America, including demographics, growth of the non-religious population, challenges and legal/political issues, and secular organizations.

## Understanding CRISPR

One In-Person Session / \$25

Mon., Apr. 15, 2024, 7–9 pm MT

One of the biomedical community's goals is to permanently correct genetic diseases. But because of the complexity of the human genome, we didn't have the technology to edit genes—until recently. Now, thanks to the discovery of a unique bacterial immune system termed CRISPR, researchers are seeing promising advances. Join integrative biology professor Christopher Phiel, PhD, as he shares the basics of CRISPR, how it's being used clinically to change lives and what's generating the most excitement.



Christopher Phiel



# CURRENT ISSUES

## A Citizen's First Aid Kit for the 2024 Election

Two In-Person Sessions / \$90

Tue., Feb. 20, 27, 2024, 6:30–8:30 pm MT

It's another election year and a perfect time to gird yourself with a citizen's first aid kit. In this class, two seasoned political veterans, Buie Seawell and Dominic Dezzutti, share four tools in that kit to help you navigate those prickly political discussions: humor, civil respect, appropriate priorities and care for your fellow citizens.

**Humor** – “Humor gives us perspective on issues really too complex to handle,” Seawell says. Both men appreciate social commentator Will Rogers’ wit. “Rogers helped us live with things that could never be perfectly solved,” Dezzutti says. “Rogers once said, ‘The taxpayers are sending congressmen on expensive trips abroad. It might be worth it except they keep coming back.’”

**Civil Respect** – Often, civil respect is the key that opens the difficult doors of conversation, and Seawell and Dezzutti show that it's not some relic of a romantic past, but a key to our future success. They add that civility is easy to take for granted, but we need a sense of respect for other people.

**Appropriate Priorities** – The goal of the democratic process is first to preserve self-government. “The greatest right we have is the right to participate in our own governance,” Seawell says. “Take that away, and all the other rights and liberties we cherish are lost.” Both men offer their takes on how to make self-government a priority.

**Care for Our Fellow Citizens** – Seawell and Dezzutti say caring for others is a cornerstone of our society. But too often, political discussions can make us forget how important caring is to our collective future. When we demonstrate true caring, we create a connection, and that's where our democratic process truly succeeds.

*Buie Seawell, professor emeritus, retired as professor of the practice in the Department of Business Ethics and Legal Studies at Daniels College of Business in July 2017. He formerly served on the Ethics and Professionalism Committee of the American Board of Medical Specialties.*



*Dominic Dezzutti is a longtime media professional with experience in public media, politics and communications. He held various leadership roles at PBS12 in Denver, where he produced and hosted the Emmy award-winning public affairs series, Colorado Inside Out and Colorado Decides, a longstanding election debate series.*



# CURRENT ISSUES

## Unpacking the Headlines With Gary Grappo

One In-Person Session / **\$45**

Thur., Feb. 22, 2024, 6:30–8:30 pm MT

One In-Person Session / **\$45**

Thur., Apr. 18, 2024, 6:30–8:30 pm MT

It's no secret that the world these days is an unsettling place, teeming with vexing change and unprecedented challenges. Join former U.S. Ambassador to the Middle East and popular instructor Gary Grappo for a two-hour session on current issues he identifies as the most pressing at the moment, while learning the facts and gaining insight from his years of firsthand experience in international affairs, diplomacy and U.S. foreign policy. Ambassador Grappo dives into the headline stories, explores sometimes hidden implications and assesses options. These may include regional topics such as: What's next in the Middle East, Ukraine, China's economy in decline, implications of an expanding BRICS, the U.S. dollar, Iran and the new gold. They may also address transnational issues, such as oil and the global economy, food security, refugees and other stories that impact the U.S.



*Gary Grappo is a distinguished fellow at The Center for Middle East Studies at the University of Denver's Josef Korbel School of International Studies. Ambassador Grappo has nearly 40 years of diplomatic and public policy experience. His career with the U.S. State Department included service in Jerusalem, Baghdad, Oman and Saudi Arabia.*

### Unpacking the Headlines Package

Register for both forums and save \$10.

**\$80**

# BUSINESS & LAW

## How to Analyze Stocks

Two In-Person Sessions / **\$90**

Tue., Jan. 16, 23, 2024, 6:30–8:30 pm MT

It's something you hear often from investment analysts and television commentators: stocks are either overvalued or undervalued. But what do they mean when they say this? Things get even more confusing when terms like price-to-earnings ratio, EV/EBITDA, P/CF or P/BV are tossed into the mix. It all ends up sounding like a complete hodgepodge of gobbledygook.

In this course, Brian Friedman, a longtime financial expert and analyst, demystifies stock analysis by breaking it all down into easy, digestible bites. "My goal



is to help make this complex topic simpler, and the stock market less mysterious and intimidating," Friedman says. "My approach is all about emphasizing long-term strategic thinking and avoiding short-term trading techniques." He starts by sharing the fundamentals of how to analyze and value companies. Then he shows you how to make sense of the often baffling financial reports, and how to apply appropriate concepts that help in valuing companies. Along the way, he addresses important questions like: Why do stock prices go up and down, and can future behavior be predicted? Come away with a much clearer and more practical understanding of stocks and how they work.

*Brian Friedman is president, co-founder and chief investment officer of GHP Investment Advisors, Inc. where he has grown client assets from \$10 million in 1999 to more than \$2.1 billion today. He's a former analyst at the Brookings Institution and a former adjunct lecturer in economics at the University of Colorado at Denver.*

# HISTORY & EXPLORATION

## American Mountaineering Center Field Trip

One In-Person Session / \$35

Wed., Mar. 6, 2024, 6:30–8:30 pm MT

It's the mountains that make Colorado the beautiful home that it is to all of us. So why not take some time to learn more about those gorgeous peaks and the fascinating world of mountaineering?

Join us for an enriching evening at the American

Mountaineering Center in Golden, Colorado, where you can delve into outdoor exploration and adventure. In this hands-on field trip, Ashley Hanlon, membership manager of the Colorado Mountain Club (CMC), also introduces you to the CMC, a dynamic organization dedicated to promoting outdoor recreation, conservation and education in the breathtaking landscapes of Colorado. Since 1912, the CMC has been a driving force behind fostering a strong sense of community among outdoor enthusiasts while advocating for the preservation of Colorado's pristine wilderness. During your visit, explore the American Alpine Club Library with its treasure trove of literature and resources on mountaineering and outdoor pursuits, as well as the American Mountaineering Museum, which showcases the rich history of mountaineering and exploration in the region. Plus, enjoy some time engaging with staff members who offer valuable insights into the club's activities and lots of practical advice on how you can get involved in mountain adventures. Whether you're a seasoned mountaineer or simply curious about mountains, this evening promises to be both informative and inspiring.

*Ashley Hanlon, membership manager of the Colorado Mountain Club in Golden, Colorado, has been an avid mountain adventurer since she can remember. She has worked for many outdoor and recreation-based organizations including Virginia State Parks, Boulder County Parks & Open Space, and Ken-Caryl Ranch Metropolitan District.*



Credit: Colorado Mountain Club

## Black History in Colorado: Blair-Caldwell African American Research Library Visit

One In-Person Session / \$35

Sat., Feb. 24, 2024, 1–3 pm MT

Are you curious about Black history in Colorado? Whether it's sites like the Five Points business district and Lincoln Hills mountain resort or the achievements of Hattie McDaniel, the first African American to win an Academy Award, or Mayor Wellington Webb, the first Black mayor of Denver, there's plenty of Black history to absorb here. In fact, people of African descent have been living and thriving in Colorado since well before the state entered the Union in 1876—and this tradition continues today. Colorado's African American population has found success as fur trappers, mountain men, politicians, attorneys, actors and doctors among many other occupations. How are these important stories told in museums and historical organizations? How do institutions preserve and manage these artifacts? What's needed to put these collections on display and make them available to the public? Come spend an afternoon with Dexter Nelson II, museum and archives supervisor at the newly reopened Blair-Caldwell African American Research Library in Denver, and explore the largest African American archives collection in Colorado as well as the library's Western Legacies Museum before it is renovated. Nelson examines the Black experience in Colorado, specifically through the historic lens of the Five Points area, and he looks at ways organizations can work with communities to preserve history.

*Dexter Nelson II is the museum and archives supervisor at the Blair-Caldwell African American Research Library. He holds a bachelor's degree in history from the University of Science and Arts of Oklahoma and a master's degree in museum studies from the University of Central Oklahoma.*



Credit: CC BY-SA 4.0 International

Hattie McDaniel



# HISTORY & EXPLORATION

## Boomtown Victorian: The Architecture of Colorado Ghost Towns

Three In-Person Sessions / **\$135**  
Mon., Mar. 18, 25, Apr. 1, 2024,  
6:30–8:30 pm MT

The Pikes Peak Gold Rush of 1859 brought thousands to the Colorado Territory. And by the 1890s, the state was crossed with toll roads, stage lines and railroads—and dotted along their way, and at either end, were hundreds of bustling mining communities. Towns often lasted just a few months or years, only to be abandoned for the next rich strike.

In this three-part course, history buff and architect Josh Robinson shares a revealing view of what are today Colorado's ghost towns—eerie yet fascinating remnants of the state's mining history, each



Credit: Josh Robinson

with a unique architectural story to tell. Discover their urban development, their architectural slant along with architectural vocabulary—what it is, where it comes from and why it's important. Learn what archaeology can tell us about construction techniques used, what happened to buildings after they were abandoned, and what is left of them for us to see today.

"From a backcountry explorer's standpoint, they are definitely interesting, but when you're armed with the ability to interpret the ruins, these towns come back to life and reveal themselves as quiet sentinels to the past," Robinson says. "There's a direct connection to the Old West. And when you're visiting these sites, with just a little imagination, you can truly travel back in time."

*Josh Robinson holds a Bachelor of Architecture degree and is senior project designer at KEPHART Architects. He's the president of the Ghost Town Club of Colorado, and participates in roles relating to exploration, education and preservation of richly historic sites.*

## WHAT OUR STUDENTS ARE SAYING

“

There were fun people in this hands-on class.

The professor was excellent and very engaging for the full two hours. The material was fascinating and presented effectively.

Interesting, Denver-centered and amazing.

”

# MEET OUR INSTRUCTORS

At the Enrichment Program, the instructors are always respected experts in the day's topic. Classes are taught by full- and part-time university professors, experts in their field and retired professionals who are chosen for their in-depth knowledge and passion for their subject matter. They often hold advanced degrees in their respective fields. Instructors create engaging and informative classes specifically for adult students seeking to further their education or explore new interests.



Terra Marks



Shawn Bowman



David Forsyth



Paul Turelli



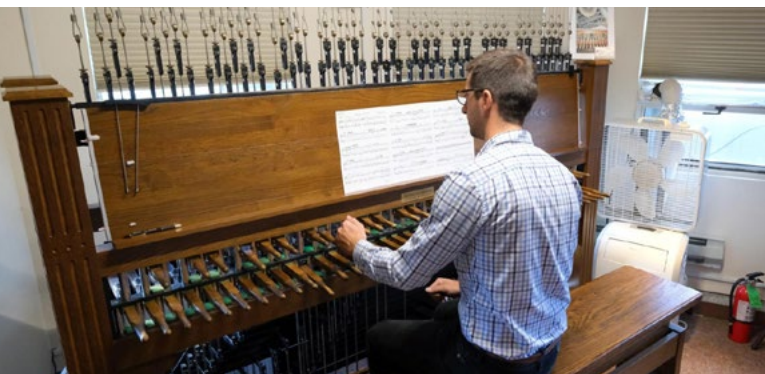
# MUSIC & PERFORMING ARTS

## Bells, Bells, Bells! Inside the Grand Carillon

Three In-Person Sessions / **\$130**  
Wed., Mar. 13, 20, 2024, 7–9 pm MT  
Carillon Tour, Sun., Mar. 24, 2–4 pm

Hidden high above the University of Denver campus, tucked away inside the gold-topped tower of the Ritchie Center, is both the most public and most mysterious of instruments. The Williams Carillon, with 65 chromatically tuned bronze bells, is the fifth-largest instrument in the country. Everyone on campus can hear the bells, yet few know how the instrument is played, or that a person is even in the tower at all. How does the carillon work? What is its history? How are bells made? What kind of music is played? Why do bells sound the way that they do? DU Carillonist Joey Brink guides you through the evolution of the carillon, from its birth in 1510 through its 500-year history to its arrival at DU. Brink demonstrates various carillon performance techniques, showcases examples of bells and carillons from around the world, discusses the acoustic properties of bells and the phantom pitch that we all hear (but which is actually a construct of our minds), and goes into how performers, composers and arrangers for the carillon have to flip their musical brains and think “upside-down.” Following two classroom sessions, this course features a live concert and an opportunity to climb the 95 spiral steps up the 215-foot Williams Tower to see the bells up-close.

*Joey Brink is the carillonist at the University of Denver, where he performs regularly on the carillon and teaches in the Lamont School of Music. In 2014 he won first prize in carillon performance at an international competition in Belgium.*



## The World of the Baroque

Four In-Person Sessions / **\$170**  
Thur., Apr. 18, 25, May 2, 2024, 7–9 pm MT  
FCM Performance, Thur., May 9, 7:30 pm

Most folks think of Baroque music as a pleasant background for Sunday brunch. But, as this course demonstrates, the explosive period between 1600 and 1750 changed the direction of music forever.

In Italy, composers such as Corelli,

Vivaldi and others experimented with new instrumental combinations that led to the invention of chamber music and the concerto as inescapable staples of the

concert world. The earlier Italian master Monteverdi helped put opera on the map, and Vivaldi took up the cause. Word soon spread across the continent. Bach couldn't get enough of the Italians' inventiveness, grabbing every piece of music from down south he could acquire. Same with the French in Louis XIV's court (opera and ballet had already been exported from Italy years earlier). England also joined the party, with Handel dominating the music scene in London. Every nation soon developed its own sound and its own family of composers, many of whom traveled abroad to share their ideas and absorb what they heard. Join popular instructor Marc Shulgold for a survey of this remarkable era, with a special in-class guest, then attend a wide-ranging Baroque concert by the renowned Les Violins du Roy and guitarist MILOŠ sponsored by Friends of Chamber Music on the University of Denver campus.

*Marc Shulgold has long been a regular at the Enrichment Program, teaching courses on various subjects in classical music, inviting guests such as Marin Alsop, Pinchas Zukerman, Jeffrey Kahane and others. He served as music and dance writer at the Rocky Mountain News for 22 years, before that working at the Los Angeles Times.*



Credit: Lars Borges



# MUSIC & PERFORMING ARTS

## The Big Bang of Country Music: Jimmie Rodgers and the Carter Family

Four In-Person Sessions / \$145

Wed., Feb. 7, 14, 21, 2024, 7–9 pm MT

Swallow Hill Music Concert, Sat., Feb. 24, 8 pm

In 1927, Ralph Peer of the Victor Talking Machine Company embarked on a journey to record the music of the Appalachian region. Arriving in Bristol, Tennessee in July, he set up his recording equipment in a building on State Street and recorded several local artists and musicians. During these sessions, two of these groups, the Carter Family and Jimmie Rodgers, would spark a new and unique genre of American music that came to be known as country music.

During this course, Martin Gilmore, music instructor and performer, explores the history surrounding the Carter Family and Jimmie Rodgers as well as their legacy. The class also examines the beginnings of their musical styles, the changes in technology and business practices that helped pioneer the new genre, the ways they influenced

other artists in country music and the lingering influences they had on music.

The class culminates in a concert featuring the music of Jimmie Rodgers and the Carter Family at Swallow Hill Music Association. Gilmore, along with The Cody Sisters Band, take you back to the 1920s as they perform the songs of Jimmie Rodgers and the Carter Family. Come away with a fresh appreciation for the roots of country music!

*Martin Gilmore is an instructor at the University of Northern Colorado in the Folk and Bluegrass Program. He also teaches bluegrass and songwriting at Swallow Hill Music Association. He has toured nationally and internationally as a solo artist as well as with his acclaimed bluegrass band, Long Road Home.*



## WHAT OUR STUDENTS ARE SAYING

“

I loved the combination of classroom time and the field trip linking back to what we had just learned.

The professor is wonderful. I would take another course with her in a heartbeat. She covers the subject matter in a great way with a light-hearted presence.

The instructor made everyone feel comfortable being in the class, regardless of how much they knew about the subject.

”



# R1 LECTURE SERIES

## Research With Impact Lectures

Fueled by the passion and dreams of our faculty, students and staff, researchers at the University of Denver pursue the research and scholarship that motivates them to impact the world. Because of this drive, the research community at the University of Denver has pushed boundaries, answered grand challenges, and shattered records year over year. They do this not for the money and recognition, but for the public good.

With two years of a Doctoral/Very High Research university (or “R1”) classification by the Carnegie Classification of Institutions of Higher Education, DU keeps raising the bar. This is an elite status and one that has us in good company. Our faculty and staff are engaged in a deep, vibrant research community with the purpose of placing students in contact with knowledge makers to advance their educational outcomes in extraordinary ways. This learning transcends demographic boundaries. This is only the beginning.

DU boasts more than 300 incredible active research faculty. In this set of Enrichment Program sessions, you get to hear from three of the university’s finest. This is just a taste of the incredible knowledge on our campus.

We are excited to share it with you!

*Dr. Corinne Lengsfeld serves as the Senior Vice Provost for Research & Graduate Education at the University of Denver. As the chief research officer, she is the primary advocate for the university’s research mission and is charged with understanding, celebrating, leading and enhancing all forms of scholarship to foster professional growth of the faculty, advancing knowledge, enriching the student experience, and enhancing university visibility. A deeply respected teacher, researcher, administrator, and colleague, Dr. Lengsfeld has been part of the DU community for over 20 years, where she still actively engages in research, with a specialization in interdisciplinary research in meso- and micro-scale fluid systems.*



## Fighting Homelessness Denver Basic Income Project: A Description, Findings and What’s Next

**One In-Person Session / FREE**  
Wed., Jan. 17, 2024, 6:30–8 pm MT

Homelessness has been an issue in Denver for almost as long as the city has existed. Is it solvable? If so, how? Researchers involved in a new program hope to offer answers to those questions. For the past couple of years, they’ve been working on what’s called the Denver Basic Income Project (DBIP), which is studying the impact of providing direct cash assistance over a one-year period to 820 people experiencing homelessness—anywhere from \$50 to \$1,000 a month. The final results? We aren’t sure yet. However, you can join Dr. Daniel Brisson, DBIP’s principal investigator, to find out all the details of this groundbreaking study. Brisson does offer results from his team’s interim report. The DBIP theory of change acknowledges that individuals, regardless of their income or housing situation, know best how to meet their basic needs. Brisson adds that now that interim results are available, city leaders are involved in “robust discussions” about the impact guaranteed income can have for people with limited financial resources. This presentation also offers a discussion of next steps for DBIP and guaranteed income.



*Dr. Daniel Brisson is a professor and the director of the Center for Housing and Homelessness Research at the Graduate School of Social Work, University of Denver. He teaches research and macro social work practice with a focus on poverty alleviation. He’s also the principal investigator of the Denver Basic Income Project.*

**Register here for all three  
Research With Impact Lectures**

**FREE**



# R1 LECTURE SERIES

## Pricing and Valuing Medicines Fairly

One In-Person Session / **FREE**  
Mon., Feb. 12, 2024, 6:30–8 pm MT

What makes a price for a prescription drug fair? How should private or public insurers decide what they think a drug is worth when negotiating prices? Why have recent legislative proposals avoided a determinate position on fairness? This lecture, delivered by associate professor of law Govind Persad, addresses the important and current issues in prescription drug pricing, including Colorado's Prescription Drug Affordability Board, the Inflation Reduction Act's drug price negotiation program, and state- and federal-level efforts to regulate drug prices and reimbursements.

Discover the different approaches to pricing drugs and reimbursing drug costs, including tactics based on the cost of research and development for drugs, methods based on a drug's value or ability to achieve desired medical outcomes, and approaches based on affordability to patients. Persad also considers recent debates over whether value-based approaches to pricing and reimbursement are fair to patients with rare illnesses or those with disabilities. This course allows time for your feedback, questions and answers, and to interact and deliberate together about how drugs should be priced and which drugs should be included in private and public insurers' formularies. Come away with a better understanding of the pharma industry, how it works and how it can better serve all of us in the future.



*Dr. Govind Persad is an associate professor at the University of Denver's Sturm College of Law. He's also an expert in health law and bioethics. His work covers drug pricing, allocation of scarce medical resources, vaccine mandates and medical malpractice.*

## Revolutionizing Human-Robot Interaction: Exploring Robot Mental Models

One In-Person Session / **FREE**  
Mon., Mar. 4, 2024, 6:30–8 pm MT

Don't doubt it for a second, a future filled with lifelike and life-changing robots is on the way. Why? Because robots stand to make our lives easier and better. They'll offer companionship to the elderly. They'll work in patient care in hospitals. They'll drive innovation in the world of education. They'll do our housework and much, much more.

"We now know that the design of robotic companions can redefine the way we live, learn and heal," says Kerstin Haring, a computer science professor at the University of Denver. "We also recognize that robot design is key in shaping a better future."



In this course, Haring invites you on a journey to learn how robots and humans are becoming coworkers and companions—all the while charting a course towards a new era of daily life.

Haring first examines the ever-evolving landscape of human-robot interaction (HRI) and how scientists are creating accurate mental models for robots. She then explores the hurdles that robot designers and HRI practitioners face in shaping these critical mental constructs.

Next, discover the build-a-bot platform, a tool that lets users craft their own personalized 3D robots, and how it is helping researchers better explore mental model projections. Come away with an insightful view of our future with robots!

*Dr. Kerstin S. Haring is an assistant professor of computer science at the University of Denver. She directs the Human Robot Technology Laboratory that envisions interdisciplinary research in robotics with the goal of improving human lives through the promotion of better technology.*





# ART & ART HISTORY

## Sip Sip Hooray! The Art of Coffee, Tea and Chocolate

Three In-Person Sessions / **\$150**

Sat., Apr. 20, 27, May 4, 2024, 1–3 pm MT

Enjoying coffee, tea and chocolate wasn't always so easy as a quick trip to Trader Joe's or to the neighborhood café. These treats only became available for the wealthy in 16th-century Europe, a result of globalization and colonization that brought such luxury goods from the Americas, India and Africa. As the pleasures of consumption took off, so did the visual and material culture related to these delicacies. In this three-part course, join art historian Molly Medakovich as she traverses the world examining the fine and decorative arts surrounding these substances. From their countries of origin, learn about the roots of production with a look at decorative-yet-functional objects like Maya chocolate-drinking vessels, Chinese tea bowls and Ethiopian coffee pots. Venture to Europe and America of the 1600s-1800s and delight in paintings that depict the social and sensorial pleasures of imbibing, fine



Mary Cassatt - The Tea, 1880

porcelain wares that saw many raised pinky fingers and caricatures that lampoon these newfangled delights. Discover how artists were part of, witness to, and contributors to the culture of coffee, tea and chocolate that took the West by storm. And explore the politics of consumption operating behind the artworks, interrogating the context of European and American colonial activities and the legacy of exploitation that continues in these industries today.

*Molly Medakovich is a teaching specialist for lifelong learning programs at the Denver Art Museum, an affiliate faculty member at the University of Denver and an art historian. She holds a PhD in 18th- and 19th-century European art history with a focus on women artists and gender.*

## Medieval and Renaissance Art: Saints and Their Symbols

Four In-Person Sessions / **\$165**

Wed., Apr. 17, 24, May 1, 2024,

6:30–8:30 pm MT

Denver Art Museum visit, Tue., May 7,

6:30–8:30 pm

Have you ever wondered why so many saints are depicted in art? Why is one particular saint portrayed in a given painting? Why is it that certain iconography seems to reappear? For example, what's the meaning of an arrow or a book? Join Scott B. Montgomery, art history professor, for answers and more as he explores the cult of saints in the Medieval and Renaissance periods, including how to identify the iconography that's so prominently depicted in the art of this time. What role did art play during these periods, and how did it reflect the social, religious and political life of the time? How can you tell a Saint Dominic from a Saint Lawrence? Why were some saints honored and adored throughout the ages while others seemingly disappeared without a trace? Examine the general characteristics of the cult of saints, as well as specific saints, in order to learn how to "read" the imagery in altarpieces, mosaics and fresco cycles. What are the attributes or symbols that help identify people in paintings? How can you recognize a patron saint in a piece of art? Finally, placing the works of art within their historic religious contexts, Montgomery leads an enlightening visit to the Denver Art Museum.

*Scott B. Montgomery is professor of art history at the University of Denver. His work focuses on medieval saints' cults and 1960s psychedelic poster art. Among his books are Saint Ursula and the Eleven Thousand Virgins of Cologne and Casting Our Own Shadows: Recreating the Medieval Pilgrimage to Santiago de Compostela.*

**DENVER**  
**art**  
**MUSEUM**



# ART & ART HISTORY

## Travel Photography: Capturing Grandeur on Camera

Three In-Person Sessions / **\$140**

Wed., Mar. 13, 20, 2024, 6:30–8:30 pm MT

Photo Shoot, Sat., Mar. 16, 9–11 am

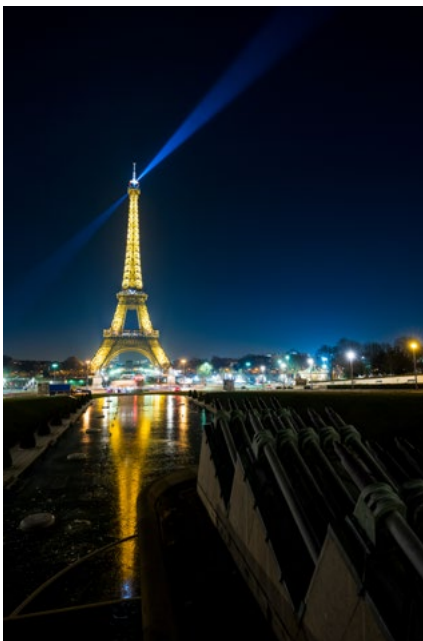
Travel has always held a special place in our hearts. Think of a place you've been and it suddenly appears in your mind. You might even think of specific photos you took there. Perhaps some of those shots are hanging in your home.

"Great images can help trigger our memory for the things we've seen, felt and experienced," says Scott Dressel-Martin, professional photographer. "We can view and share those images for years to come as a way to relive our lives and our travels."

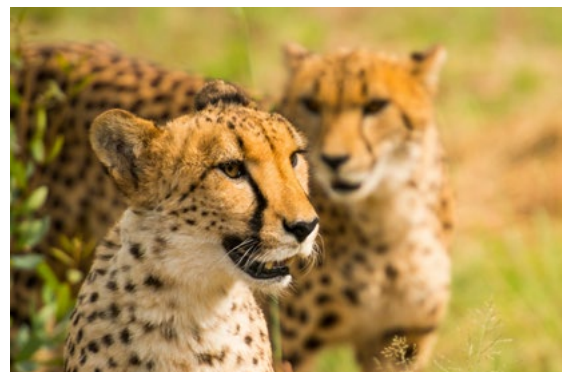
But coming home with a great set of images that invoke the emotional experiences of traveling can be challenging. In this class, Dressel-Martin works with you to explore new thought processes, techniques and tools to get the best photographs of your adventures. Whether it's a weekend away or the trip of a lifetime, he can help you prepare your gear and your mind to get the best possible images while traveling. Examine everything from camera and lens selection, packing and hauling sensitive photo equipment, battery management, archiving in the field, telling a great visual story and sharing your work when you return. Dressel-Martin is a passionate and informative teacher who is always ready to share his knowledge and experience.

Please note, this class is a total of six hours: two hours in the classroom with lectures, discussions, and questions and answers; two hours of photo shooting in the field that includes hands-on assistance, answers to specific camera questions and instructor guidance; and two hours in class with critiques and feedback. The class decides the photo shoot location after the first session but is limited to the Denver Metro area.

*Scott Dressel-Martin is the author of Light Grows the Garden: The Denver Botanic Gardens. He is the official photographer of the Denver Botanic Gardens and he also helps a select group of institutions promote their missions and tell relevant and moving stories. As a photographer and filmmaker, Dressel-Martin has worked around the world. He began his career in photojournalism and has been published internationally.*



Credit: All images Scott Dressel-Martin



# ART & ART HISTORY

## Drawing for People Who Think They Can't Draw: Learning to See Like an Artist

Two In-Person Sessions / **\$210**

Sat., Apr. 27, May 4, 2024,  
9 am–12 pm, 1–4 pm MT

As young children we were encouraged to stay within the lines in our coloring books and beginning drawings. But is that what really makes a drawing “good?” How many frustrating experiences did it take to convince you that you can't draw? Alfredo A. Ortiz, adjunct professor of drawing at DU's School of Art and Art History, has been sharing his passion for art through teaching for over fifteen years. He believes that anyone can learn to draw well with the correct instruction and some practice. Before you can draw like an artist, though, you need to know how to “see” like an artist. Learn to perceive things in a completely new way and then record your impressions. With exercises and topics that include understanding line, value and negative space, composing still life and one-point perspective, you will gain important tools to help you create more sophisticated works of art. Weather permitting, you might even enjoy a bit of drawing en plein air. This course is for beginners or those looking to sharpen their drawing skills and registration includes supplies. Space is limited, so enroll early!

*Mexican American artist Alfredo Ortiz is an adjunct professor of drawing, School of Art and Art History. He received a BFA from Metropolitan State College and a MFA from University of Colorado Boulder. His work has been exhibited locally, as well as in Palestine, Colombia and Mexico City.*



## An Introduction to Working With Glass

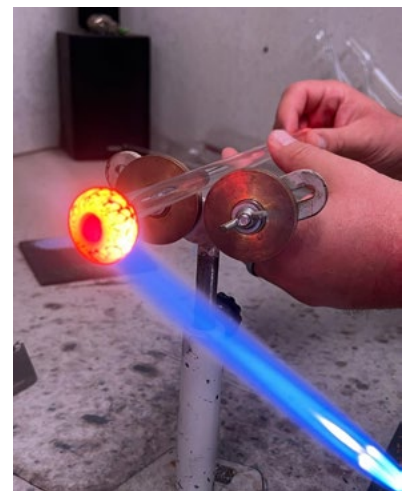
Two In-Person Sessions / **\$150**

Sat., May 11, 18, 2024, 12–3 pm MT

Glass blowing, a time-honored art form with roots tracing back to 27 BCE in ancient Babylon, is experiencing a renaissance in recent times thanks to popular TV shows like *Blown Away*, which features artisans taking part in glass blowing competitions. In a groundbreaking addition to the Enrichment Program, glass blowing expert Jon Wade instructs this special hands-on course in borosilicate lampworking over two, three-hour sessions. This class is structured for the total beginner and no prior knowledge or experience is expected. Wade helps you develop a basic understanding of the torches and tools used to shape glass as well as some fun, artistic techniques. The course also covers the history of glass, shop safety, proper kiln usage, and creating both hollow and solid objects.

Complete multiple projects that include a pendant depicting a reflective space scene and beautiful blown holiday ornament, as well as some fun surprises. Plus, learn how to add color to the clear glass using crushed pieces of colored glass called frit. You're given a vibrant spectrum of colors of glass frit to mix and match for your project as well as silver powder for your space pendant. All torches, safety equipment and other required materials are provided courtesy of the course's sponsors.

*Jon Wade is the head instructor and the owner of Glass Class Denver. With industry recognition and over a decade of experience, Wade has a deep-seated expertise in sharing his love of hand-blown glass and inspiring new students. He's known for his ability to simplify the process of making glass art to the most basic level.*





# WHO ARE ENRICHMENT PROGRAM STUDENTS?

Enrichment Program students of all ages and from all backgrounds come together to enrich their lives through inclusive education and the exchange of ideas. They enjoy the variety and abundance of classes offered that inspire growth, exploration and connection with like-minded individuals. Students bring a lifetime of experience with them and are eager to engage with expert instructors and classmates who foster a culture of lifelong learning and intellectual curiosity. Many students return each term for new and different classes.



# FOOD & BEVERAGE

## Cooking to Nourish: Quell Inflammation

One In-Person Session / **\$75**  
Sat., Feb. 10, 2024, 1–3:30 pm MT

Inflammation is a well-documented underlying hallmark in chronic diseases. But what causes that inflammation? Many experts say it's diet—both what we eat and what we don't. The good news is you can learn how to adjust your diet to control inflammation. In this two-part class, nutrition expert Dianne Koehler and Chef Jacqui Gabel empower you to make food choices that reduce inflammation and support your overall long-term wellness goals.

Part one is a 30-minute session that covers the top five nutrients that quell inflammation. Discover the roles these nutrients play, the inflammatory effects that result from deficiency and the best ways to achieve optimal levels in your life on a regular basis.

And in part two, a two-hour hands-on cooking class, you get to use what you've learned in part one. Here Chef Gabel guides you through the process of preparing and cooking a gluten-free meal centered on nutrient density that includes a main dish of high-quality protein, paired with a variety of plant-based sides. Expect a colorful and satisfying sensory experience!

Come away feeling inspired to expand your culinary horizons so you can improve your health.

Class is held at the Nutrition Therapy Institute in Arvada, Colorado. Seating is limited, so register early!



**NUTRITION  
THERAPY  
INSTITUTE**

## Cooking to Nourish: Brain Health

One In-Person Session / **\$75**  
Sat., Mar. 2, 2024, 1–3:30 pm MT

Some research has found that activities like solving crossword puzzles or playing a musical instrument can help keep your brain nimble as you age. But there's growing evidence that your food choices can also play a positive role in your brain health. This class examines diet and brain health in two parts: one part looks at specific foods and nutrients related to cognition with the help of nutrition expert Dianne Koehler, while the second part features Chef Jacqui Gabel, who explores how to prepare healthy dishes that optimize brain function.

In part one, Koehler spends 30 minutes covering the top nutrients needed for peak cognition. Koehler says she allows you to discover how these nutrients work, to understand the functional challenges caused by nutrient deficiencies and to learn how to achieve peak levels in their diets regularly.

In part two, Chef Gabel conducts a two-hour hands-on cooking class where you put to use what you learned from Koehler. Gabel guides you through the steps of preparing and cooking a gluten-free meal designed specifically to impart maximum nutritional support for brain health. Gabel calls the meal "a fulfilling, satisfying and delicious" experience.

Class is held at the Nutrition Therapy Institute in Arvada, Colorado. Seating is limited, so register early!

### Cooking to Nourish Package

Enroll in all three classes and save \$20!

**\$205**

*Dianne Koehler is a 2007 graduate of Nutrition Therapy Institute (NTI) who has since become a teacher and community speaker. She has continued her education through additional training in holistic health, high-level wellness, herbal therapeutics, functional blood chemistry analysis and endocrinology. She has been an instructor at NTI for more than 10 years, became academic dean in 2017 and director of NTI in 2019.*

*Jacqui Gabel has worked as a chef in kitchens throughout the U.S., South America and Asia—spending time with home cooks, farmers and professional chefs. In 2016, she graduated from Nutrition Therapy Institute's Natural Food Chef program and has continued to study nutrition science. She teaches culinary lessons to people looking to support their health and cooks for families throughout Denver and Boulder.*



# FOOD & BEVERAGE



## Cooking to Nourish: Gut Health

One In-Person Session / **\$75**

Sat., Apr. 6, 2024, 1–3:30 pm MT

The saying goes, you are what you eat. But that's not quite right. Actually, you are what you digest and absorb. All the functions of the body require nutrients, which are delivered in foods, but first you must be able to digest and then absorb those nutrients. That's where having optimal gut health comes in, and unfortunately, that's where many people fall short in their health journey.

In this two-part class, nutrition expert Dianne Koehler and Chef Jacqui Gabel share what helps you optimize your gut health.

Part one is a 30-minute session where Koehler covers the top five nutrients that support peak gut function. Discover the roles these nutrients play, the gut damaging impacts that result from deficiency and the best ways to regularly achieve optimal levels in your diet.

In part two, a two-hour hands-on cooking class, you apply the nutritional principles you learned in part one. Here Chef Gabel guides you through the process of prepping and cooking a nutrient-dense, gluten-free meal that leaves you feeling satisfied and well nourished.

At the end, come away with new culinary expertise that makes your gut healthier and happier!

Class is held at the Nutrition Therapy Institute in Arvada, Colorado. Seating is limited, so register early!



*Dianne Koehler is a 2007 graduate of Nutrition Therapy Institute (NTI) who has since become a teacher and community speaker. She has continued her education through additional training in holistic health, high-level wellness, herbal therapeutics, functional blood chemistry analysis and endocrinology. She has been an instructor at NTI for more than 10 years, became academic dean in 2017 and director of NTI in 2019.*

*Jacqui Gabel has worked as a chef in kitchens throughout the U.S., South America and Asia—spending time with home cooks, farmers and professional chefs. In 2016, she graduated from Nutrition Therapy Institute's Natural Food Chef program and has continued to study nutrition science. She teaches culinary lessons to people looking to support their health and cooks for families throughout Denver and Boulder.*

### Cooking to Nourish Package

Enroll in all three classes and save \$20!

**\$205**



# PSYCHOLOGY & SOCIOLOGY

## Every Tool in the Toolbox: How to Solve a Cold Case

One In-Person Session / **\$40**

Thur., Jan. 25, 2024, 6:30–8:30 pm MT

You hear about it all the time on TV, in the news, on podcasts and in books. True crime is everywhere. We want to know whodunit, and we want the crimes solved. We also want justice for the perpetrators and for the victims and their families. But what's the real story behind how police officers, forensic scientists and crime lab technicians solve crimes?

In this class held at a police station in North Denver, Cold Case Detective Kari Johnson and DNA analyst Traci Carlson, along with staffers from the Denver Police Museum, explain how solving crimes really goes down.

Carlson starts with a bit of history on the cold case project at the Denver Crime Lab, which began in 1999. She then moves on to stories of several cases recently solved through the use of forensic science right here in Denver—including the cold case of four women sexually assaulted and murdered between 1978 and 1981. And finally, hear directly from forensic scientists about how evidence and technology delivered justice for victims.

*Detective Kari Johnson has been a member of the Denver Police Department for over 25 years. In her current assignment in the Cold Case and Homicide units, she investigates unsolved homicides and sexual assaults, as well as assists with active new investigations.*

*Traci Carlson is a DNA analyst with the Denver Crime Laboratory where she works on current and cold cases. She previously worked in the DNA unit at the New Mexico Department of Public Safety and as a visiting scientist with the Forensic Science Research Unit at the FBI.*



## A Bus Tour of Infamous Denver Crimes

One In-Person Session / **\$40**

Sat., Apr. 27, 2024, 10 am–12 pm MT

Ever since the gold rush, Denver has served as Colorado's gateway and major metropolis. But in the early days, Denver's government services were few and far between. In particular, the legal system was slow to get organized, which led to widespread cases of mob justice, vendettas and vigilantism. It's been reported that an early English traveler who was visiting Denver noted, "A man's life is no more worth than that of a dog."



To address that issue, the Denver Police Department was founded in 1859 and was charged with enforcing the laws. "And ever since its

founding, the department has investigated and solved many noteworthy crimes—several garnering national attention," says Bill Finch, historian of the Denver Police Museum.

In this one-session field trip, Finch takes you on a historic bus tour that visits the locations of many fascinating and heart-breaking crimes that have occurred throughout the downtown area. Plus, see the Denver Firefighters Museum and peruse historic police cars. And finally, hear stories from the police archives and learn about the people who worked to provide justice for the victims. Come away with a renewed appreciation for Denver and its law enforcement community.

*Bill Finch is a retired Denver police officer who holds a bachelor's degree from Colorado State University at Pueblo. He has won awards for distinguished service, merit and community service along with numerous honors from the Denver Police Museum for his work researching Denver's 77 fallen officers.*

# PSYCHOLOGY & SOCIOLOGY

## How to Get Away With Everything: The Interpersonal and Political Dynamics of Denial

Two In-Person Sessions / \$75

Thur., Feb. 29, Mar. 7, 2024, 6:30–8:30 pm MT

Have you ever wondered why people try to excuse or justify their misconduct? Or how slick politicians, shady media bigwigs and crooked corporate honchos can downplay the most damaging of allegations and evidence of wrongdoing? Join sociologist Jared Del Rosso, author of the book, *Denial: How We Hide, Ignore, and Explain Away Problems*, for the answers along with a timely and insightful look at the strategies of denial. Del Rosso starts the first session by examining the types of denial that ordinary people use to handle slip-ups, mistakes and intended harms. He then addresses the types of behaviors people use to pretend they haven't noticed embarrassing and distressing events, as well as the excuses and justifications that people rely on to explain away their bad behavior. During the second session, he explores how powerful people tap into denial to manage public outrage and dodge accountability for their actions. Del Rosso wraps up the course by considering contemporary scandals along with a detailed examination of the George W. Bush administration's handling of the controversies surrounding the use of torture so that you can see



how the scandal management process plays out. Come away with an improved appreciation and understanding of what's at play on the stage of U.S. politics and beyond.

*Jared Del Rosso is an associate professor in the Department of Sociology & Criminology at the University of Denver. His first book, Talking About Torture, reveals the forms of denial used in debates about waterboarding, force-feeding and other forms of torture employed during the war on terror.*

## WHAT OUR STUDENTS ARE SAYING

“

The instructor talked to the audience like the educated adults we are.

The presenter was absolutely fabulous! He knew his content super well, was wonderfully passionate and ran the virtual piece super smoothly. He made this lecture what it was.

We loved it.

I always learn something new in every class I take.

”

# NATURE & SCIENCE

## Chamberlin Observatory: A Field Trip Around the Stars

One In-Person Session / \$35  
Fri., Mar. 22, 2024, 7–9 pm MT

This year marks the 130th birthday of one of Denver's most iconic gems: the Chamberlin Observatory, which first saw light in 1894. "The latter half of the 19th century witnessed the explosive growth of scientific technologies," says instructor Bill Kast, who took up astronomy at age 10. "Astronomy was entering a golden age, and quiet competition arose ... to see who could build the best telescopes. Large observatory domes became the new campus status symbol."

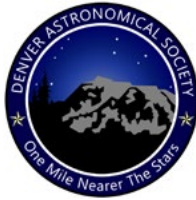
Join Kast for his on-site presentation on the history of Chamberlin Observatory along with the personalities that came together to create it: Rufus "Potato" Clark, a Colorado potato farmer who provided the land, Herbert Alonzo Howe, the observatory's first director and Robert Sawers Roeschlaub, the observatory's architect.

Kast adds that it was March 1888 when Denver real estate entrepreneur and amateur astronomer, Humphrey Barker Chamberlin, pledged \$50,000 to build and equip a world-class observatory on the University of Denver campus.

The program concludes with a tour that includes the cornerstone and historical markers, the library, the transit circle telescope room, the massive foundation and the observatory dome with the colossal Clark/Saegmuller refractor telescope. And Kast says if the weather cooperates, you can look through that telescope.



*Bill Kast's interest in astronomy was sparked by the launch of Sputnik and the early days of space exploration. He got his first telescope at age 10 and has been looking up ever since. He has served on the Denver Astronomical Society's board for the last three years.*



## Strong Roots: Hands-On Gardening Projects for Community and Food Sovereignty

One In-Person Session / \$45  
Sat., May 11, 2024, 10 am–12 pm MT

Do you dig digging in the earth? Or maybe you've thought of adding gardening as a hobby but don't know exactly where to start? Look no further. Here's a hands-on, interactive workshop led by two experts who share unique tips and projects for gardening, their personal journeys as gardening professionals and their thoughts on the African American diaspora and its connection with land and resource sovereignty.



Kia Ruiz

Up first is Kia Ruiz, owner of Bodhi Bridge, a self and earth care organization where this course takes place. Ruiz discusses her extensive experience in gardening, her work on non-GMO foods and products, and the benefits of gardening. "Gardens engage all of our senses and give us lots of opportunities for creative expression as we choose what to plant and where," Ruiz says.

Then Zephryne Hanson, founder of Hampden Farms, an organization that accelerates food security and community-wealth building, shares her experiences in the military and her work with veterans on gardening projects as a way to boost their mental health.

Both women then get hands-on with seed saving, seed swapping and converting the magic of lavender into a pocket-sized memory you can take with you. Those signing up are encouraged to find Ruiz at @bodhibridge and Hanson at @hampdenfarms on Instagram.

*Kia Ruiz owns Bodhi Bridge in Westminster, Colorado, a yoga space based on values of personal wellness and earth care. She grows at Jardin Juride. Zephryne Hanson is a U.S. Air Force veteran with a background in media communication. She pivoted to agriculture with Hampden Farms for community food security.*



# NATURE & SCIENCE

## Birds in Winter: Hardy, Ingenious, Adaptable

Four In-Person Sessions / **\$195**

Thur., Feb. 15, 22, 2024, 7–9 pm MT

Bird-Watching Field Trips, Sat., Feb. 17, 24, 9am–1 pm

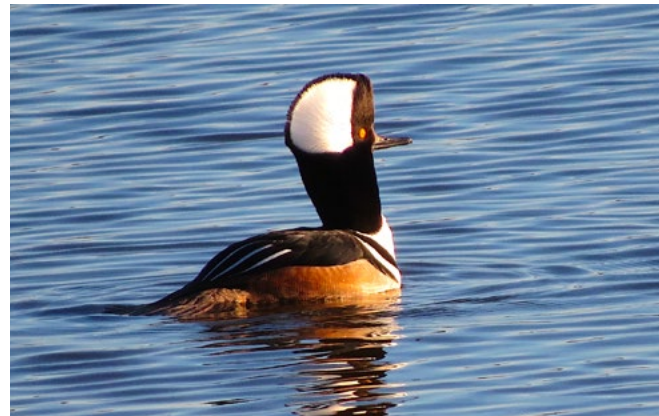
Colorado winters can be cold and snowy, yet the birdlife in the region is wonderfully diverse and dynamic during the coldest times of the year. And paradoxically, birds are arguably easier to observe during the winter than any other time of the year. They are typically out in the open, flocking and foraging, even right in the heart of Denver. How do they do it? How do they not only survive but flourish during those months of long nights, deep snow cover and prolonged cold? Join Colorado birding expert Ted Floyd for two lectures and two field sessions covering the broad horizon of winter bird ecology. Learn about the remarkable physiological and behavioral adaptations of the winter bird fauna of the Denver region. Floyd's emphasis is on easily observed birds in the metro area. "I'm confident that you'll be amazed by how many birds, both species and individuals, occur in and around Denver in winter," Floyd says.

Learning the basics of winter bird ecology is the central organizing theme, but expect to get acquainted with the remarkable new technologies being put to good use by the scientists who study birds. Not only that, discover how "citizen scientists" are contributing to new knowledge. Equipped with nothing more than smartphones and a couple of free and easy-to-use apps, learn how to contribute data to massive crowdsourced databases that are literally rewriting the books on winter bird ecology. Field trips visit surprisingly bird-rich destinations that are an easy commute from the University of Denver. Delight in sightings of falcons and eagles, huge numbers of waterfowl, and tiny songbirds that amaze and inspire with their almost unbelievable survival abilities.

*Ted Floyd is the long-time editor of Birding, the flagship publication of the American Birding Association, and the author of many articles and books, including How to Know the Birds (2019) and the Field Guide to Birds of Colorado (3rd printing, 2021). He has taught college courses in ecology, evolution, entomology, conservation biology and other topics.*



Credit: All images Ted Floyd



# WRITING

## Playwriting: From Page to Stage

Two In-Person Sessions / \$75

Thur., Feb. 29, 2024, 6:30–8:30 pm MT  
DCPA Performance, Thur., Mar. 7, 7 pm

Ever wonder how a play goes from page to stage?



**DENVER CENTER** FOR THE PERFORMING ARTS

Ever thought of writing a play but aren't sure where to start? Maybe you have a germ of an idea but the next steps are a bit foggy. Join local, award-winning playwright Carrie Printz as she explains key elements of playwriting including: Kicking things off with an inciting incident, developing plots, creating characters and story arcs, writing dialogue, managing revisions and working with directors, actors, designers and crew to realize your vision.

Prior to the class, read the script for the play *Rubicon*, premiering this winter in Denver. Based on a true story, *Rubicon* tracks the career of one of history's most effective spies, Elizabeth Pack, as she transitions from society wife and mother to steely, seductive agent leading up to WWII. In addition to covering playwriting elements, the first class features a conversation with *Rubicon* playwright Kirsten Potter, who takes questions about her writing and development process.

Also meet Leean Torske, Denver Center for the Performing Arts director of literary programs, who speaks about new play development and the *Colorado New Play Summit*. In the second session, see how it all comes together by attending a *Rubicon* performance and post-show talkback. Come away with tools and tips to launch your very own playwriting path!

*Carrie Printz is an award-winning playwright whose plays have been performed both locally and across the country, including at The Edge Theatre Company, And Toto too Theatre Company and the Vintage Theatre.*



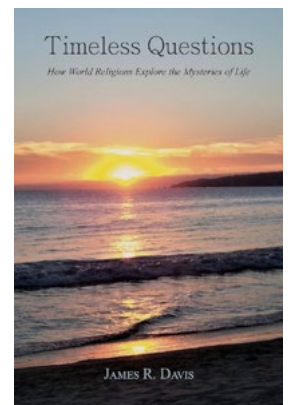
# RELIGION

## Timeless Questions: How World Religions Explore the Mysteries of Life

Three In-Person Sessions / \$135

Sat., Apr. 6, 13, 20, 2024, 10 am–12 pm MT

Timeless questions are what we ask as we confront the mysteries of life. What is our origin, essential nature, best way to live a good life and final destiny? These questions are timeless because each generation keeps asking them, and their mysteries are never fully resolved. The world religions, in their ancient forms—Judaism, Christianity, Islam, Hinduism, Buddhism and Daoism—explore life's mysteries and provide not so much answers as useful insights for thinking about human existence.



A taboo of silence hangs over these timeless questions, but this course offers a safe and neutral setting—on the DU campus where you can share what you think and learn from others. Read short, selected chapters from the book *Timeless Questions*, written and provided by Jim Davis, retired DU professor and former dean of University College who also teaches this class. Topics covered include: God, creation, human nature, social order, the good life, suffering and death, and the fate of the world. Join Davis' facilitated discussion while pondering the most meaningful of questions. "Here you can feel the joy of learning something new while examining the mysteries of your own life through the timeless questions that nag us all," Davis says. Early registration is encouraged to allow time for pre-class book distribution.

*Jim Davis, with the help of many colleagues, created the Enrichment Program at DU's University College. He has authored eight books on college teaching, training and leadership. He holds degrees from Oberlin College, Yale University Divinity School and Michigan State University. A series of graduate courses inspired his life-long interest in world religions.*





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# ZOOM COURSES



Credit: CC by-sa 2.0

## Zoom Reminders

All **Zoom** classes can be found in this section and are color coded in **gold**.

- 1 Upon registration, you will receive an email confirming your class choice(s).
- 2 A Zoom link and password will be sent via email on two occasions: one week, as well as one business day, before the start of class. Please check the link and password immediately to ensure you are ready for class. Office hours are 8:30 am until 4:30 pm MT, Mon.–Fri., so don't wait until just before your class begins to make sure that you have what you need.
- 3 Use the same Zoom link and password to join the class each time it meets.
- 4 You can Zoom into a class using a computer or other device with a camera (for video participation) or call any of the telephone numbers provided in the link on your phone (for audio-only participation).
- 5 Regular Enrichment Program Zoom offerings are not recorded.
- 6 For after-hours technical problems with Zoom, please contact the DU IT Help Desk at 303-871-4700.

## Inclement Weather Policy

All online classes meeting on Zoom will proceed as scheduled, even in the event of a closure as designated by the University of Denver.



# ONE-NIGHT LECTURES

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Peter Anderson



Carrie Atiyeh



Scott Thompson

## Reading Colorado

One Zoom Session / **\$15**

Mon., Jan. 22, 2024, 7–9 pm MT

Take a virtual ride with some of Colorado's finest writers on a literary road trip. Author Peter Anderson, who traveled throughout the state collecting material for an anthology called *Reading Colorado: A Literary Road Guide*, shares and discusses some writings from the likes of Mark Twain, Isabella Bird and Kent Haruf. Other contributors to the anthology join Anderson in the session to share their work. Come along and hone your understanding of our remarkable state.

## Colorado's On-Ramp for Electric Vehicles

One Zoom Session / **\$15**

Tue., Feb. 13, 2024, 7–9 pm MT

Take a glance through your windshield at the future of Colorado's roadways and what do you see? Electric vehicles! Join Carrie Atiyeh with the Colorado Energy Office as she shares the fascinating story behind Colorado's transportation transformation. Discover how the state is reducing transportation costs and emissions by electrifying transportation—including passenger vehicles, medium and large trucks, and other forms of mobility including bicycles. The future is only one electric exit away. Don't miss it!

## Psilocybin and Other Psychedelics as Therapy in Colorado

One Zoom Session / **\$15**

Thur., Mar. 21, 2024, 7–9 pm MT

In 2022, Colorado voters approved the Natural Medicine Health Act—paving the way for certain plants or fungi to be used in treating diseases. Scott Thompson, director of the Center for Novel Therapeutics at the University of Colorado School of Medicine's Department of Psychiatry, explores the science of psychedelics, the current state of their therapeutic value in psychiatric illnesses and where the state is with Colorado's Natural Medicine Health Act. Thompson also saves time for your questions.

# ONE-NIGHT LECTURES

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Rachael Storm



Andrew Novick

## Company Towns: Labor Tales—East Coast vs. Colorado

*I owe my soul to the company store. ~ Tennessee Ernie Ford*

**One Zoom Session / \$15**

Thur., Apr. 11, 2024, 7–9 pm MT

Imagine your employer owning your home, your supermarket, schools and houses of worship. The company's leaders set grocery and rent prices, hire the teachers and clergy, and pay your salary. Sound confining, or worse, a bit creepy? Join Rachael Storm, curator of Business & Industry at History Colorado, as she examines the industrialists who built company towns around the U.S. and in Colorado. Storm adds, "Companies still own towns today, just in different ways."

## Right on Time: Atomic Clocks and Our Nation's Timekeeping

**One Zoom Session / \$15**

Mon., Apr. 29, 2024, 7–9 pm MT

Where does time come from? What is coordinated universal time? How do atomic clocks work? Join Andrew Novick, an electrical engineer who compares atomic clocks and runs the national web clock time.gov, as he explores the idea of time, the history of timekeeping and much more. Discover how atomic clocks keep cell phones, GPS and power grids working. Plus, learn how stopwatches are calibrated and how radio-controlled clocks and watches work. Yes, it's time to sign up for this fun and timely talk!



Looking for more lectures? See pages 4–5 for the *Feed Your Curiosity Series*, page 8 for in-person one-night lectures and pages 16–17 for the *R1: Research With Impact Lecture Series*.

# CURRENT ISSUES

## Everything You Missed in Civics Class

Two Zoom Sessions / **\$75**

Thur., Feb. 1, 8, 2024, 6:30–8:30 pm MT

Okay, time to fess up about that social studies class you took in high school: You slept through 90% of it and you have zero memory of the other 10%. Here's your chance to make amends and fill that educational void with two rousing and non-partisan Zoom lectures from Sara Chatfield, assistant professor of political science at the University of Denver, who offers a broad overview of major topics in American government and civics. The class explores the Constitution, federalism, political behavior, the branches of government and elections. Chatfield also examines the basics of voting and state government in Colorado, considering unique aspects of government in the Centennial state. "These lectures are designed to get you caught up on everything you need to know before the primary and general elections this year, and you'll get the chance to ask your questions too," Chatfield says. And the timing couldn't be better: Ballots go out for the presidential primary to Colorado voters by February 16, the votes are counted on March 5 and, of course, the presidential election follows on November 5. Feel more confident in casting your ballot after reviewing the basics of U.S. and Colorado government from the Electoral College to ballot measures.

*Sara Chatfield is an assistant professor of political science at the University of Denver. She teaches classes in American politics and law. Her research interests include married women's economic rights, the politics of bathroom access in the United States and political participation.*



## Data Citizenship: What You Need to Know to Participate in an Age of Generative Artificial Intelligence

Four Zoom Sessions / **\$145**

Wed., Feb. 21, 28, Mar. 6, 13, 2024,  
6:30–8:30 pm MT

Most of us know what we need to do to be a good citizen (stay informed, vote, volunteer, etc.). But now we live in a different world—



one that's increasingly shaped by artificial intelligence (AI). Now, when we use our phones, type on our computers, or drive our cars, we generate data that's being collected. Today, data brokers, those who collect data and aggregate it so that it's associated with each of us individually, have about 1,500 data points on each single person. As Big Brother-ish as that sounds, there are many wonderful benefits from AI: improved healthcare, reduced carbon footprints, enhanced education, streamlined business operations and much more. But still, with those benefits come questions: Who owns the data? Who profits from it? How is it used in making lending, housing and health decisions? How are government officials using it in policymaking? How might it harm individuals or society? Will truth and reason survive the evolution of AI? Join Ted Vial, a professor at the University of Denver, for a non-technical but thorough look at answers to those questions and more. Plus, learn what each of us must know and what habits we must develop to live as responsible data citizens in this new world of AI.

*Ted Vial is professor of theology and modern western religious thought at the Iliff School of Theology. He's also vice president of innovation at the Iliff AI Institute. He teaches a class titled AI and What It Means to be Human.*





# CURRENT ISSUES

## Censorship and Book Bans: Then and Now

Two Zoom Sessions / **\$75**

Wed., May 1, 8, 2024, 6:30–8:30 pm MT

### Censorship of Judaica in Eastern Europe and Third Reich Germany

In this two-part course, examine both the history of censorship and the current state of book banning. In the first session, archivist David Fasman takes you on a journey to 19th century Eastern Europe where Jewish publishing houses flourished and where censorship soon followed. In 1933, with the rise of the Nazi party, came legislation and violence against Jews and their cultural objects. “The burning of books was a minuscule part of Nazi ideology toward literature,” Fasman says. “In fact, far more books were stolen and kept by the Nazis than were burned.” The class finishes with a discussion of restitution taken on by the Jewish Cultural Reconstruction group at the war’s end.



Credit: Library of Congress

### The Face of Modern Censorship

Then in part two of the course, librarian specialist Katherine Kates surveys book bans in America. She says the American Library Association (ALA) reports that there were 1,269 documented demands to censor library books and resources in 2022, the highest number of attempted book bans since ALA began compiling data about censorship in libraries. Kates explores how these attacks affect libraries in Colorado and examines real-world encounters faced by library staffers. She also surveys the complexities of navigating these issues while balancing professional commitment to serving patrons. Kates ends with strategies that patrons can use to advocate for libraries.

*David Fasman is an archivist at the Beck Archives of Rocky Mountain Jewish History. His research focuses on the exchange, theft and provenance of Nazi-era looted books.*



*Katherine Kates has worked in public and school libraries. She spent the past 13 years in school libraries supporting technology integration, literacy and intellectual freedom.*

## How to Build Your Own Home Cybersecurity Program

One Zoom Session for Apple Users / **\$35**

Mon., Apr. 8, 2024, 6:30–8:30 pm MT

### One Zoom Session for Windows Users / **\$35**

Wouldn't it be great if your home computers, laptops and other tech equipment had the same world-class security as big corporations? In this course, cybersecurity expert Rob Carson shares how to make that happen. The class begins with prevention as you build a master audit and activities schedule (change passwords, check backups, etc.), learn how to create alerts on email, and set up authentication for families using Microsoft and Google email. Then you review basic configurations for Windows or Apple operating systems. Plus, you learn how to back up files to mitigate risk from ransomware. You end up with a spreadsheet checklist of what to review along with a monthly calendar of prevention activities.

Next, Carson shares a family cybersecurity incident and response plan where you build a checklist of what to do if you're hacked, and then you run through scenarios to test and train yourself on your plan. “The goal of this course is to ensure that students leave with tools they can use to reduce their likelihood of being hacked and what to do if they are,” Carson says. “I've based this course on what I share with my family members who only have basic computer knowledge.”



*Rob Carson is founder and CEO of Semper Sec, a cybersecurity consulting firm that helps small to mid-sized businesses grow and streamline compliance programs. He has held executive positions at IntelliSecure, Cherwell Software and Celsus Advisory Group. He's also a U.S. Marine veteran.*

# HEALTH & LIFESTYLE

## New Year, New You

Three Zoom Sessions / \$110

Mon., Jan. 22, 29, Feb. 5, 2024, 6:30–8:30 pm MT

It is indeed a new year. But will it bring change? The good kind of change that lasts and makes you a new you? In this course, certified nutrition and wellness experts Ruth Brown, Jeanie O’Kane and Alie Wilkinson take you through three sessions: changing behavior, managing stress and creating healthy meals.

Ruth Brown starts by examining how small changes can lead to the results you want to see and the steps to get you there. Discover how you can sustainably implement small changes, overcome challenges and reframe your expectations of when you can enjoy the results of small change. She also covers lessons on choices, movement, environment and support systems.

Next, Alie Wilkinson examines sleep, stress and recovery. She says we all experience stress, and we all have one recovery superpower: sleep. We can also recover from stress and find optimum sleep habits. “If we recover well, we thrive as human beings,” she says. In this session, Wilkinson helps you reframe your perception of the word stress, and dives into the importance of what happens in your overall wellness when you’re asleep. “The balance between stress and recovery is a big determiner of our overall quality of life, and this lesson is about finding recovery balance in our daily lives,” Wilkinson says.

And finally, Jeanie O’Kane discusses the art and science of meal composition by sharing practical tips on how to create beautiful and nutritious meals. “I see this session as an introduction to elevating everyday meals through practical and artful design,” O’Kane says. “It’s where we explore a range of concepts including macronutrients, selecting ingredients, plating, creativity and more.”

*Ruth Brown is a certified nutrition coach through the National Academy of Sports Medicine and Precision Nutrition. She is a coach in the University of Denver’s nutrition coaching program for faculty and staff.*

*Alie Wilkinson holds a certificate in exercise nutrition and is a certified personal trainer. She recently added a certification in sleep, stress management and recovery. She is a coach in the University of Denver’s holistic wellbeing program.*



*Jeanie O’Kane is a natural foods chef who has spent the last 12 years working in a variety of athletics and recreation positions at the University of Denver with the last two years as a wellness coach for faculty, staff and students.*



# CURIOSITY ENRICHED:

## Intergenerational Exploration

What if a class brought different generations together, where adults invited the young people in their lives to enjoy exploring and learning new things collectively? Beginning this winter we are offering one such class each term—to help foster connections and promote lifelong learning, all while having fun. Don't have a younger person nearby? These classes will be offered on Zoom so that you can connect even if you aren't in the same space. And just like our classes for adults, we're bringing in experts in the field of intergenerational learning to share more about our world!

### A Wild Time With Wildlife: Making Films of Sharks, Sea Turtles, Owls, Spiders and More!

One Zoom Session / \$25

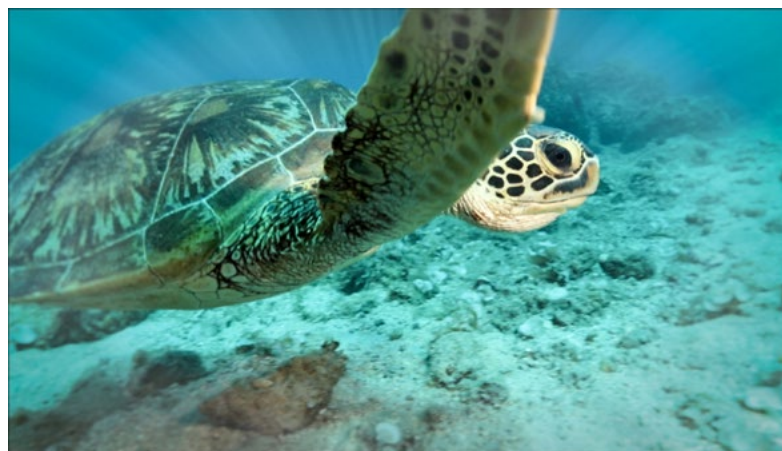
Sat., Feb. 10, 2024, 10–11 am MT



What is the biggest shark in the ocean? How can you find owls in the woods and how do you know what they last had for dinner? How can you spot camouflaged sea creatures? What animal today is a living dinosaur? In this first-of-its-kind intergenerational course designed for elementary school-age children and companions, Laura and Robert Sams, a sister-brother duo who've filmed animals in the wild for over 20 years, offer up the answers to those questions and so much more! Enjoy awe-inspiring clips from their award-winning films. Hear hilarious, behind-the-scenes stories of working with wildlife. Plus, enjoy a live performance of their most popular kids' songs including *The Great White Shark Song* and *Parrotfish Poop!*

Laura and Robert also reveal their approach for crafting meaningful science videos that resonate with kids and families. "This is a class for animal lovers and anyone interested in making films about nature," Laura says. The class also comes with a link to the kids' film *The Shark Riddle* and a downloadable packet of shark-filled activities, from making shark hats to shark-themed cupcakes. What's more, you get a link to their PBS KIDS series, *Mega Wow*, with at-home activities like making slug slime and homemade bouncy balls. Don't miss this inaugural class that's jam-packed with fun!

*Laura Sams and Robert Sams are filmmakers, zoologists, educators and songwriters. They have worked with PBS KIDS, Sesame Street Studios, The Jim Henson Company, The Smithsonian Channel and more. They recently wrote the music for the new season of Teletubbies, now on Netflix.*





# HISTORY & EXPLORATION

## African Odyssey

Two Zoom Sessions / \$75

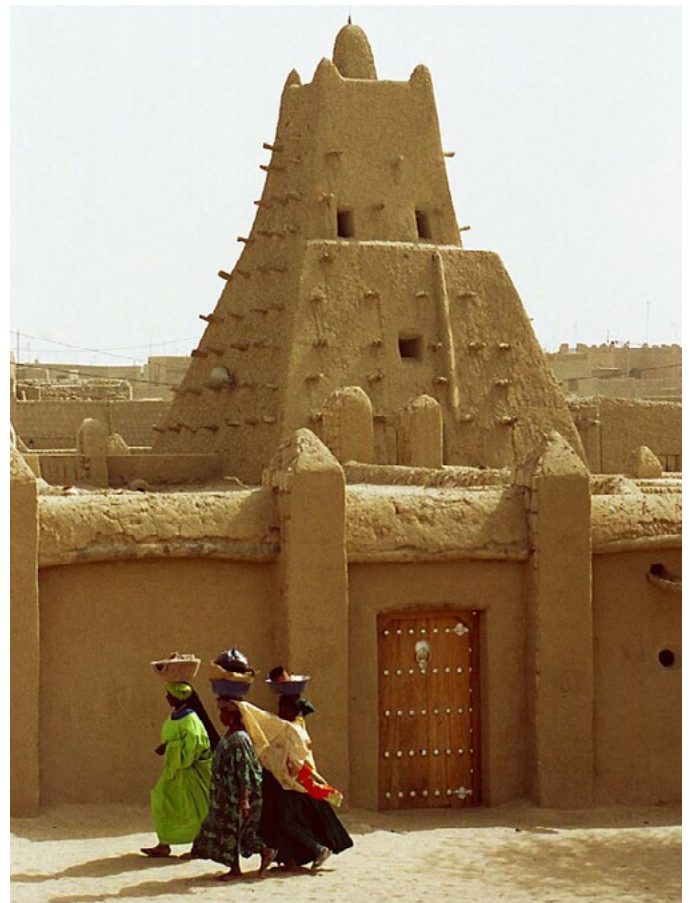
Sat., Mar. 2, 9, 2024, 10 am–12 pm MT

The Sahara, the Rift Valley, Timbuktu, the tropics—the term Africa sparks multiple images and ideas in the imagination. “With a combined geographical and historical lens, this class embarks on an odyssey of the continent’s physical, historical and cultural condition as we connect these disparate themes into an understanding of present-day Africa,” says Judy Okun, an award-winning geography instructor. “In a word, Sub-Saharan Africa is fascinating. Its unique physical situation and the ingenious ways that humans have adapted to the varied and often challenging terrain, climate and location of this vast landmass are simply awe-inspiring.” First, Okun shares an examination of the land itself and how it reveals an important underpinning of the continent, from the effects of plate tectonics, Africa’s rivers and coastline, climate and biomes, to the changing nature of the Sahara. Next, she connects this backdrop to several major historical events, such as Timbuktu’s development as a learning and trade center. She then introduces some of Africa’s chief focal points: the camel, formation of empires, the development of Swahili East Africa, European contact, colonialism and independence. These physical and historical strands help inform us of Africa’s context in the world today; its resource wealth, relations with foreign powers, population growth and carrying capacity, public health issues, diverse cultures, and a variety of opportunities and challenges for the future.

*Judy Okun teaches geography at West Chester University (WCU) in Pennsylvania and leads history and geography workshops for teachers and adult groups throughout the Philadelphia region and the U.S. She holds master’s degrees in history and environmental conservation. In 2020, Okun won WCU’s outstanding faculty award. She is on the board of the Geographical Society of Philadelphia and the Lewis and Clark Trail Heritage Foundation’s Northeast Chapter.*



Credit: All photos CC by-sa 4.0 International



# MUSIC

## The Magic of Mozart in the Context of His Times

Three Zoom Sessions / **\$110**  
Wed., Jan. 24, 31, Feb. 7, 2024,  
6:30–8:30 pm MT

From Salzburg to Vienna, from symphonies to operas, Wolfgang Amadeus Mozart could do it all. Although he didn't quite reach his 36th birthday, he'd spent thirty years on the international scene, setting a standard other composers struggled to match. Many composition students, and some established professionals, have wept upon realizing that magical Mozart had written something better when he was 10 years old.

What made Mozart and his music so special? Why did even Beethoven pay attention to what Mozart had done? Instructor Betsy Schwarm (formerly of the vintage KVOD, "The Classical Voice of Denver") explores the intriguing topic. Sample Mozart's works of various genres from throughout his career and consider what makes them distinct from those of his colleagues, saving time for some comparative listening. Imperial Austria's place in history also plays a role!



Letting Mozart speak for himself, Schwarm shares excerpts from his correspondence. There's also the question of the film (originally a play) *Amadeus*. It's Hollywood, not history, but how accurate is it? Consider that thought as we get to know Mozart in the context of his times.

The course includes optional online concert viewing opportunities via the superb Medici.tv resource (about \$15/month). Not a required activity: It's just for fun!

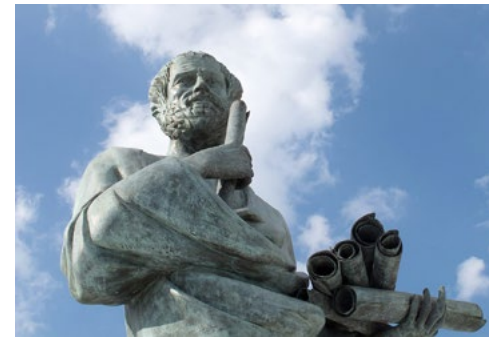
*Classical radio host, music professor, pre-performance speaker and author of 10 books, Betsy Schwarm takes a user-friendly approach to her classes. No music reading required, just an active interest in how listeners can get the most out of our listening opportunities.*

# RELIGION & PHILOSOPHY

## Philosophy of Happiness

Four Zoom Sessions / **\$145**  
Tue., Apr. 16, 23, 30, May 7, 2024,  
6:30–8:30 pm MT

The ancient Greeks often debated what makes us happy, and whether or not happiness should be the primary pursuit of a person's life. Despite the fact that more recent philosophy explores



negative emotions, happiness has remained a perennial concern in the philosophical tradition. In this course, instructor R.D. Perry traces how different philosophers think about happiness and how desirable it is, mostly as an ethical consideration but also as an aspect of social and political philosophy. The class begins with Aristotle, who summarizes the various ancient Greek positions as he provides his own definition of happiness as a life well lived. Then consider Boethius as a representative of the ascetic tradition that flourished in Christian, Jewish, Islamic and Buddhist thought, among others. For Boethius happiness is only achieved by leaving behind one's cares about this world and meditating instead on something higher, like the divine or philosophy itself. In modernity, Immanuel Kant examines the relationship between happiness and other aspects of an ethical life, most importantly fulfilling the duties we have to one another. Finally, explore Hannah Arendt's reflections on something that she finds so quintessentially American that it's inscribed in our Declaration of Independence: the assumption that one's life is shaped by the pursuit of happiness.

*R.D. Perry is an assistant professor of English and Literary Arts at the University of Denver. He specializes in medieval and early modern literature, as well as the history of philosophy and critical theory.*



# NATURE & SCIENCE

## Colorado Water

Two Zoom Sessions / \$75

Tue., Jan. 30, Feb. 6, 2024, 6:30–8:30 pm MT

Mark Twain once said, “Whiskey is for drinking and water is for fighting over.” But it doesn’t have to be that way. Why? Because we in the American West are proving that citizens and the government can collaborate in facing the challenges that come from scarce water resources and the demands for those limited resources. What’s more, we’re proving this kind of collaboration is the best way forward. Today, water in Colorado



comes with a sea of issues and questions: How we use it, how we conserve it, how we farm with it. Join Elizabeth (Lisa) McVicker, a Colorado attorney who specializes in water law, as she reviews those topics and many others that have a direct impact on our daily lives. McVicker shares stories about early water use and development, the basics of hydrology, water’s role in the climate and even the way that Colorado’s geology impacts our water needs and use. Learn about Colorado’s unique system of water law, water rights administration in Colorado and its compacts with neighboring states within the context of the growing scarcity of water resources in the burgeoning American West. An overview of the Colorado Water Plan will show how Colorado citizens collaborate instead of fight! Come away awash in new facts!

*Elizabeth (Lisa) McVicker is a licensed Colorado attorney with a practice in transactional law including construction law and water law. Elizabeth serves on three water-related entities including a water conservancy district and a water enterprise. She helped develop the One World One Water Center at Metropolitan State University of Denver where she teaches business law and water law classes.*

## How to Be Good: Understanding Wild Bees and Honey Bees

Two Zoom Sessions / \$75

Wed., Mar. 27, Apr. 3, 2024, 6:30–8:30 pm MT

When the topic is bees and other pollinators, there’s a lot to consider including ways you can be more friendly to them. In this two-part course, experts delve into the fascinating world of both wild bees and honey bees. In session one, horticulturist Lisa Mason shares the latest buzz on the basics of pollinators, wild bees, bee hotels and how to create welcoming habitats. “Humans depend on pollinators for about a third of our diet,” Mason says. “In Colorado, we have over 900 species of bees, 250 butterflies, approximately 1,000 species of moths and more!” She also examines how pollinator conservation utilizes locally-based solutions to advocate for our animal friends.

In the second session, bee advocate Tracy Bellehumeur explores honey bees and how you can outfit a self-care kit with honey bee products such as elderberry syrup, throat spray and wound ointment, and how to get inspired to make more products from beehives. Plus, she covers answers to these captivating questions: How do honey bees make decisions? How do they communicate? How do they decide when to swarm? How do they choose a new home? “Find out just how intelligent these important creatures truly are, and how they make decisions as a democracy,” Bellehumeur says.



*Lisa Mason is the horticulture specialist for Colorado State University Extension in Arapahoe County and the founder of The Native Bee Watch Community Science Program.*

*Tracy Bellehumeur is co-founder of the BeeChicas, a bee advocacy group that leads monthly workshops at the Boulder Library and cares for beehives on the library rooftop and backyard.*



# LITERATURE & WRITING

## Dusting Off the Classics:

### *Don Quixote*

Four Zoom Sessions / **\$145**

Tue., Mar. 12, 19, Apr. 2, 9, 2024,  
6:30–8:30 pm MT

Miguel de Cervantes' *Don Quixote* is one of the most influential pieces of fiction ever written. Although it was published way back in 1605, *Don Quixote*



is anything but a dusty old relic. It remains as fresh and relevant today as when it first irreverently and hilariously exploded on the scene. A work of laugh-out-loud comic genius even now, it is also, by turns, a novel of poignant heroism, bleak tragedy, philosophical meditation and deep humanity. It is a work that has kept generations of scholars busy, probing the seemingly innumerable, often contradictory facets that characterize this literary gem. Through *Don Quixote*, Cervantes played with and remixed traditional literary forms with the explicit goal of destroying them. In the process, he not only created what many consider to be the first modern novel ever written, but he also laid the foundation for much of what would come after in literature. Join Chad Leahy, DU associate professor and chair of the Spanish Department, in peeling back the layers of this magnificent and complex book. Aside from exploring many of Quixote's most famous episodes, Leahy also digs into the vast world of works inspired by Cervantes, looking at the many afterlives of *Don Quixote* in art, dance, film, music and more.

*Chad Leahy is associate professor and chair of Spanish at DU. He specializes in early modern and medieval Spanish cultural studies and has written several journal articles (in Spanish and English) about Don Quixote and Cervantes.*

## The Write Age

Four Zoom Sessions / **\$145**

Thur., Jan. 18, 25, Feb. 1, 8, 2024,  
6:30–8:30 pm MT

This course is an opportunity for anyone to begin to learn the art of writing. Whether you've dabbled with writing over the years or are just curious, now is the time to begin. Regardless of your interest—fiction, non-fiction, essay, memoir, playwriting or poetry, this is where you put pen to paper (fingers to keyboard) and grow as a writer. Join lifelong writer and published author Rudy Michael Melena as he tailors this course to your specific interests via a pre-course survey. Would you like to learn sentence structure, idea creation, character complexity, painting a mood, or the arc of plot? The writing exercises are positive and generative—no red ink as you likely remember from school. It's about praising each other's work and leaving each class glowing. A typical two-hour session includes storytelling so students get to know each other, a lesson, suggested prompts, writing and sharing. The goal in the fourth week is a recital in the form of a reading, where you share a polished work. Note: This course was offered last year and Melena invites his past students to sign up. "Of course, I'll tailor my instruction based on the surveys, so expect to learn plenty and leave the class a better writer," Melena says.

*Rudy Michael Melena is an award-winning educator and retired principal who holds degrees from Colorado College and Lesley University. He has been a lifelong writer, and his short stories have been published in several literary journals. He is currently revising a novel.*



# EDUCATIONAL OFFERINGS

The Enrichment Program is housed within University College, DU's school of continuing and professional studies.

University College is built to serve busy adults with flexible online courses, instructors who are experts in their field and personalized support. Discover courses and credentials within one of our other programs:

## Bachelor of Arts Completion

*For adults who have started, but not yet finished, an undergraduate degree*

If you want to finish the degree you started but never completed, you can transfer up to three years of previous college credit directly toward a DU degree! Your credits never expire. Nearly 100% of our students receive a scholarship, saving thousands of dollars. Get a free preliminary transcript review at [UniversityCollege.DU.edu/Bachelors](http://UniversityCollege.DU.edu/Bachelors).

## Master's Degrees & Certificates

*For adults seeking the skills that will open new career opportunities*

University College offers top-ranked graduate programs that are industry-aligned and relevant for busy professionals. Tailor your program to your life and goals, with courses entirely online or in the evening. You'll gain valuable real-world skills from industry experts to help you stand out in the job market.

### Master's Degrees

Finish one of University College's top-ranked master's degrees in as little as 18 months. Classes start four times a year, with no admission or application fee. Learn more about our 15 different career-focused degree programs at [UniversityCollege.DU.edu/Master-Degrees.cfm](http://UniversityCollege.DU.edu/Master-Degrees.cfm).

### Graduate Certificates

For a more immediate return on your investment, earn a four- or six-course graduate certificate. Elevate your knowledge and skills in one of dozens of academic areas. These credits also will apply to a full master's degree. Explore your options at [UniversityCollege.DU.edu/Certificate](http://UniversityCollege.DU.edu/Certificate).

## Center for Professional Development

*Short, high-quality courses with immediate professional impact*

The Center for Professional Development at DU provides short online courses and bootcamps to support your career goals. Programs are taught by professional practitioners with real-world insights. From coding to coaching, cybersecurity to cannabis, our programs help you take the next step in your career. The center also offers online test prep courses for the GMAT, GRE, LSAT and CPC. See our offerings at [Professional.DU.edu](http://Professional.DU.edu).

## Osher Lifelong Learning Institute at the University of Denver

*For those age "50 or better" looking to pursue new concepts in a relaxed atmosphere*

OLLI at DU offers both in-person and online courses on an array of topics, as well as informative webinars. OLLI at DU creates spaces that promote dialog and deep understanding with plenty of opportunity for social interaction. Most classes meet weekly either in the morning or afternoon for four-, six-, or eight-week periods. For more information [UniversityCollege.DU.edu/OLLI](http://UniversityCollege.DU.edu/OLLI).



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# THANK YOU!

## Certificate of Completion

The Enrichment Program will provide a Certificate of Completion or other evidence of course attendance, upon request. Please contact us at 303-871-3801 before the end of your course to request the appropriate documentation.

## Enrichment Program e-Newsletter

Get special discount offers, the inside scoop on your favorite instructors and cultural organizations, insight on upcoming courses, and much more.

*If you do not currently receive our newsletter and would like to, subscribe now at [UniversityCollege.DU.edu/Enrichment](http://UniversityCollege.DU.edu/Enrichment).*

## Enrichment Program Scholarship Fund

We are pleased to offer a limited number of partial scholarships toward the cost of one Enrichment Program course.

*Limited to one course per qualifying student per calendar year. Scholarships no greater than 50% off course price for qualifying courses. To apply, visit: [UniversityCollege.DU.edu/Enrichment](http://UniversityCollege.DU.edu/Enrichment).*

## We would like to hear from you!

Send program suggestions, course recommendations and feedback to us by mail or email.

**University of Denver**

**Enrichment Program**

2211 S. Josephine Street

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## Thanks to Our Partner Organizations

The Enrichment Program extends a heartfelt thank you to the following organizations for their outstanding support this term.

- American Mountaineering Museum/Colorado Mountain Club
- Blair-Caldwell African American Research Library
- Bodhi Bridge
- Denver Art Museum
- Denver Astronomical Society
- Denver Center for the Performing Arts/DCPA Theatre Company
- Denver Police Museum
- Friends of Chamber Music
- Glass Class Denver
- Lamont School of Music
- Nutrition Therapy Institute
- Swallow Hill Music

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